

## CHAPTER – 4

### A. Answer the following. **IDEAL HOUSE**

#### 1. What is an ideal house?

An ideal house is one which has proper doors with latches, doorbell, windows with grills and nettings and has ventilation in all the rooms.

#### 2. Why should doors have a proper latch?

The doors should have proper latch as to ensure safety.

#### 3. Why should windows have wire nettings?

The windows should have wire netting to prevent mosquitoes and insects.

#### 4. Why should we clean the house with disinfectants?

We should clean the house with disinfectant to prevent from diseases, infections and insects.

#### 5. Mention three Ways in which we can keep our house clean.

We should mop the floor regularly.

We should clean the window panes and dust of furniture.

We should clean the garbage bins every day to prevent overflowing of garbage.

## CHAPTER – 5

### **NEIGHBOURHOOD**

#### A. Answer the following:

#### 1. What is a Neighbourhood?

Ans: Our house is located in a place where there are other houses and buildings. This area around our house is called a Neighbourhood.

#### 2. Who all are our Neighbours?

Ans: People who live in the house next to ours are our Neighbours.

#### 3. How can we be good Neighbours?

- As neighbours, we should be helpful.
- We should not park our vehicles in front of their gate.
- We should not throw our garbage near their gate or in their compound.

#### 4. Name few places in the neighbourhood and how they are useful.

- School -A place to study and learn new things.

- Hospital - A place to visit a doctor in case of serious illness.
- Market - A place to get our daily needs like vegetables and fruits

### **5. How can we keep the neighbourhood clean?**

Ans.: We can keep our neighbourhood clean

- By planting more trees.
- By throwing garbage only in the dustbins.
- By parking vehicles in proper places.

## **CHAPTER – 6 WHAT PEOPLE DO**

### **A. Answer the following questions:**

#### **1. What do you understand by ambition?**

Ans: A strong desire or wish we want to become when we grow up is called an ambition.

#### **2. What do you understand by profession?**

Ans: The occupation that we do after studying and getting trained is also called our profession.

#### **3. What do you understand by occupation?**

Ans: The work done to earn a living is called an occupation.

#### **4. Name four occupations that need a lot of training to follow.**

- Teacher
- Engineer
- Doctor
- Policeman

#### **5. Name four occupations that do not need a lot of training to follow.**

- House help
- Newspaper boy
- Milkman
- Garbage collector

## **CHAPTER – 7 HEALTHY FOOD**

### **A. Give two examples.**

**1. Animal food-** Egg and Meat

**2. Plant Food-** Cereals and pulses

**3. Energy giving food-** Rice and bread

**4. Body building food - Dal and Milk**

**5. Protective food- Fruits and Vegetables**

**C. Answer the following:**

**1. Why do we need food?**

Ans: We need to eat food to live and grow. It gives us energy to work and play.

**2. What are the different types of food?**

Ans: Food is divided into three groups. These groups are called food groups.

They are:

- Energy- giving food
- Body -building food
- Protective food

**3. Why should children eat more of body-building food?**

Ans: Growing children need to have healthy bones and muscles so they should eat lots of body-building food.

**4. What is a balanced diet?**

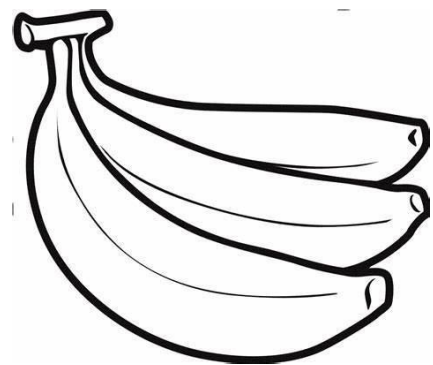
Ans: A diet which contains food from all three food groups in the right amount is called a balanced diet.

**5. Why should we drink plenty of water?**

Ans: We should drink plenty of water since it helps us to digest the food we eat.

**D. Activity based question:**

**Look at the pictures of two plates of food given below. Tick the one you would eat and write why.**



Ans: We should choose banana. It is very tasty and healthy. It is an energy giving food.

## **CHAPTER – 8**

### **SAFETY FIRST**

#### **A. Answer the following.**

##### **1. What do you understand by safety?**

Safety means staying away from harm or from getting injured.

##### **2. Write safety rules to be followed at home.**

- We should not try to lift things kept on a high place.
- We should not play with electric wires.
- We should not run around especially in the kitchen.

##### **3. Write safety rules to be followed at school.**

- We must be careful not to hurt our friends or ourselves while playing.
- We should not run around in the class or in the corridors.
- We should never stand on the desks and chairs.

##### **4. Write safety rules to be followed in the playground.**

- Wait for your turn on the swing or a slide.
- Do not stand in front of a moving swing.
- Never push or pull your friends while playing.

##### **5. Write safety rules to be followed while on the road.**

- Walk always on the side of the road
- Always cross the road at the zebra crossing.
- Never play on the road.